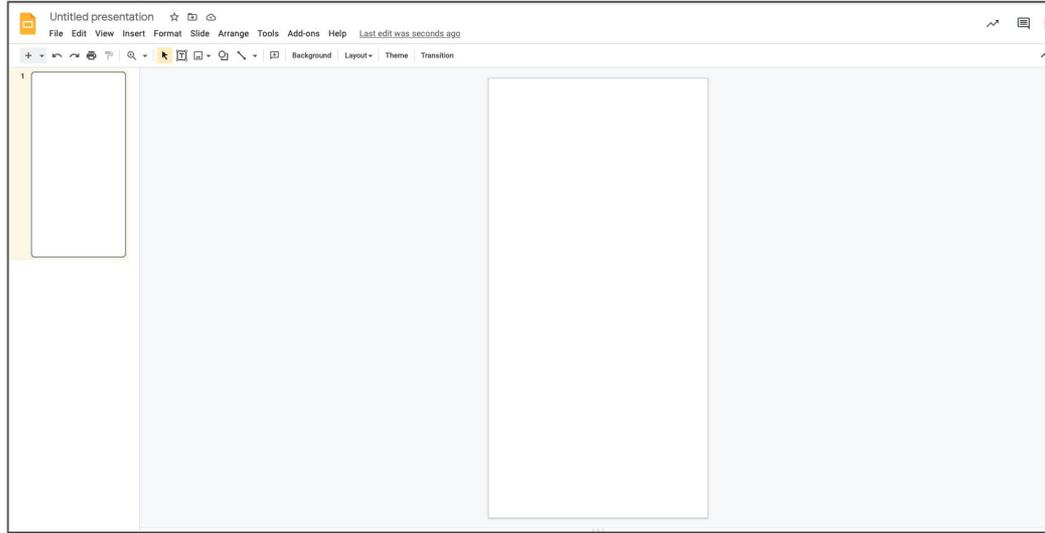
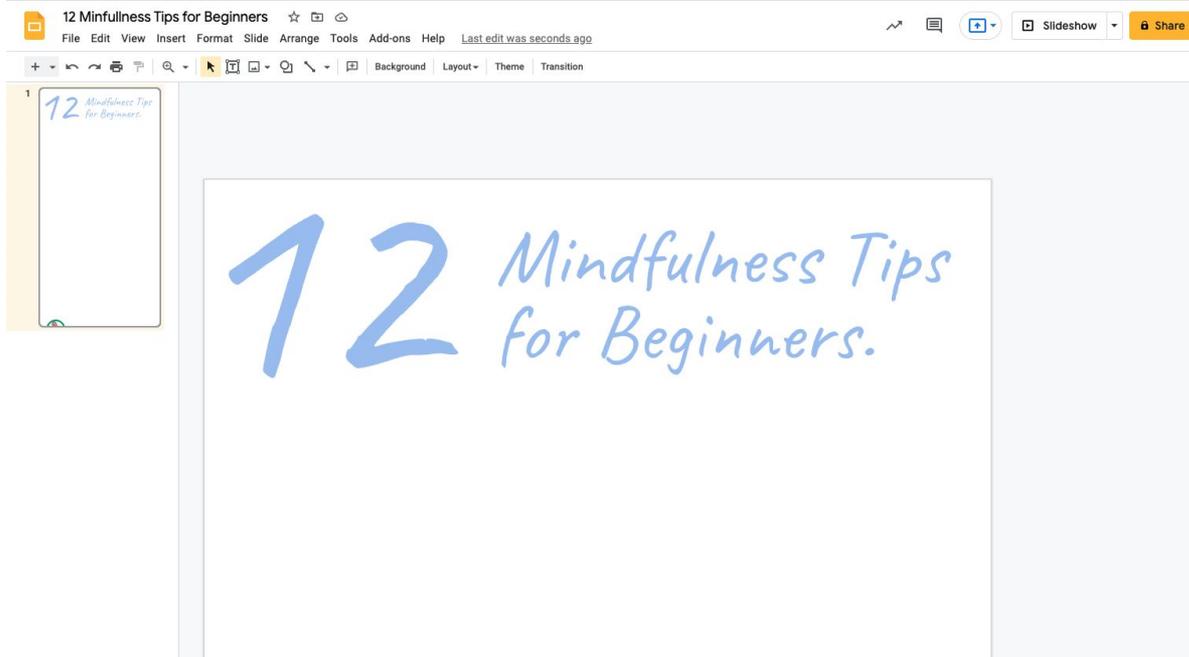


POWERFUL PRESENTATIONS WITH GOOGLE SLIDES

Section 5 Exercise



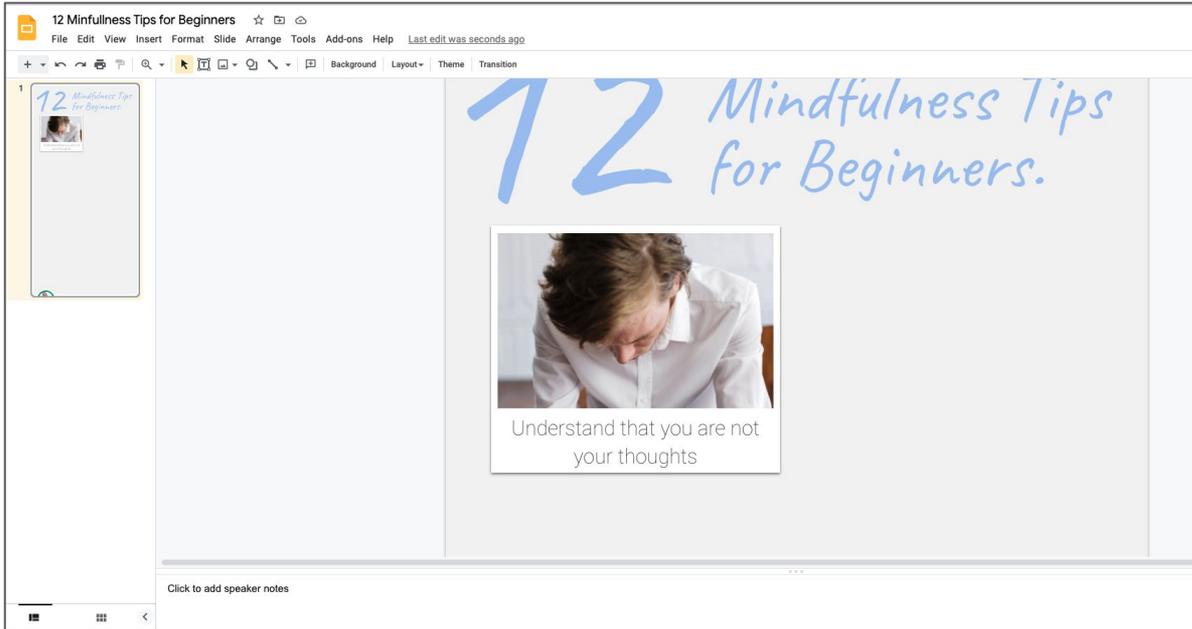
1. Create a blank slide presentation by visiting **slides.google.com** and choosing the option to create a Blank presentation.
2. Delete the template content from the top slide.
3. Choose **File** → **Page setup** and choose **Custom** from the drop down.
4. Adjust your slide so that it's 1,000 pixels wide and 2,000 pixels high.



5. Using the Text tool, create the title of your infographic, which is **12 Mindfulness Tips for Beginners.**

6. Adjust the typeface, size, color, etc., of your type until it is too your liking and appropriate for the theme of the infographic.

7. If desired, adjust the background color of the slide.



8. Using the text tool add your first tip which is **Understand that you are not your thoughts.**

9. Select and add an image that reflects this tip. You can use free images from pexels.com or unsplash.com for this exercise.

10. Using the type tools, adjust your typeface, size, position and color to your liking and so it's appropriate for this infographic. You may arrange the tip any way you'd like using other tools, shapes, and elements available within Google slides.

11. Using tips from <https://technologyformindfulness.com/mindfulness-tips/> or your own, add 12 more tips and photos, being careful to create a well-designed infographic. Congratulations on your completed work!