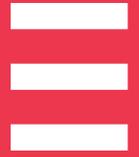


SETTLE ABROAD



Powerful Questions



POWERFUL QUESTIONS

Activity: 5 powerful questions that can change your life

These questions help you to discover who you truly are and what your unique purpose is. Discovering the answers to these questions will allow you to align yourself with that purpose and **open the path to an extraordinary life abroad**. A path you have control of.

The questions below are designed to help to know yourself deeply and find what is truly important to you, and at the same time, discover what is keeping you stuck. Self-awareness is the greatest knowledge that you will ever acquire. Why? Because your ability to get to your internal drive will determine your ability **to fulfill your potential, and in the end, the quality of your life.**

1. What do I love most in life?

List any activities that make you excited and energetic. E.g.: painting, singing, music, sports, cooking, reading, watching movies,...

2. What are my biggest achievements so far?

List anything that you are proud of and have succeeded with your talents and strengths. E.g.: a degree in school, a swimming or cooking certification, ...

POWERFUL QUESTIONS

3. Describe your ideal life.

If you could live a life without any restrictions, how would it look like?

This question allows you to realize what your true desire is, without limits. When we are able to remove limitations and boundaries, we can discover what we really want. By clearly identifying the ideal and compare it to the reality, we can find motivation to leave what is secure and known and to make major life changes.

To help you answer, think about the following:

Visualize yourself at a time in the future when you are living your ideal life. How would that look?

Describe the settings of your ideal home environment: the rooms, décor, location. What kind of relationships do you want? What would your friends, family or single life look like?

What do you do on a regular day? Go into detail from waking up and smelling coffee, to going outside and feeling the breeze or warm sun on your face....